



# CITY OF MT. JULIET

## Futsal Rules & Regulations

Athletic Supervisor – Tim Henson (615) 642-6130

**ENTRY FEE:** \$325.00 per team. The fee will provide 7 regular season games and a single elimination playoff tournament. No Partial Payments will be accepted.

**GENDER & AGE RESTRICTIONS:** This is a Co-Ed league that only allows players who are 15 years old and older.

**GAME TIMES:** Games are played on Sunday afternoons. There is no grace period between games.

### **CONTRACT & ROSTERS:**

- A. All leagues are required to register their players by having them sign a roster sheet. The roster sheet must be turned in prior to the season. **All rosters are final after the 2<sup>nd</sup> game of the season.** No player will be allowed to play if they are not on the official roster. If a player plays without being on the roster all games that they played in will result in a forfeit. In case of injury a player may be added to the official roster of said team. This will be at the discretion of the Athletic Supervisor. Any member under the age of 18 must have a parent or legal guardian sign the roster.
- B. Any player under a contract with a team will not be allowed to play for any other team that season.
- C. A player contract becomes binding when the contracted player participates in a league game as a player with this team. From this period on, they become a member of said team and will not be eligible to play with any other team.
- D. All player contracts must be completely filled out, personally signed, and registered with the Sports Office before the player is eligible to play. Postmarked dates will be accepted.

**UNIFORMS/FOOTWEAR REQUIREMENTS:** All players must have matching jersey tops with numbers within a team. **NO EXCEPTIONS!!!** If a player does not have a matching jersey they will not be allowed to play. Each player is required to wear shin guards in order to enter the game. The jersey rule WILL take place at the second week. The only type of footwear permitted is canvas or soft-leather training shoes with rubber soles.

- **Ball:** A Size 4 ball, having a circumference of 20-22 inches and weight of 14-18 ounces. Futsal ball will be provided for each game.
- **The Start of Play:** Procedure: Coin toss followed by kickoff; opposing team waits outside center circle; ball deemed in play once it has been touched; the kicker shall not touch ball before someone else touches it; ensuing kick-offs taken after goals scored and at start of second half.
- **Substitutions:** Each team will have no more than (5) players on the pitch at one time with (1) being the goalkeeper. Up to 12 players can be used in one match and there is no time limit on how long a player must stay on or off the pitch (basketball court). Players must enter and leave the field of play via the 'substitution zone' that is marked on the pitch in front of the team's benches.
- **Substitution Method:** "Flying substitution" (all players but the goalkeeper enter and leave as they please; goalkeeper substitutions can only be made when the ball is out of play and with a referee's consent)
- **Ball in and out of Play:** Ball out of play: When it has wholly crossed the goal line or touchline; when the game has been stopped by a referee; when the ball hits the ceiling or any part of the outlining basketball goals (restart: dropped ball beneath that point).
- **Kick-ins:** In order to restart the game after a ball has gone out of play, the ball is kicked back into play from either the touchline or from the corners. The ball must be placed stationary on the touchline and the feet of the player kicking-in may not cross the inbounds line.
- **Running Clock:** Each match consists of (2) twenty – five minute periods with a running clock (clock will stop on the final two minutes of the second period).
- **Time-outs:** Each team is allowed (1) time out per period. Time outs will not carry over to the second period. There are none awarded in extra time.
- **Method of Scoring:** When the whole of the ball has passed over the goal line, between the goal posts and under the crossbar (except by illegal means).
- **Sliding Tackles:** Sliding tackles are not allowed in Futsal. However, players are allowed to slide on the pitch to save a ball from going out of play. Goalies are allowed to side slide to stop the ball. For sliding to be considered an offense, the tackler's opponent must have possession of the ball.
- **Goalie Throw ins:** The goalie will be allowed to throw the ball past the midline. The goalie cannot throw the ball into the other team's goal and ball must make contact with goalie's team before going into goal.

- **7 Foot Rule:** The opposing team must remain at least 7 feet back from the ball on kick ins, corner kicks, and direct & indirect kicks.
- **Red Cards:** When a player receives a Red Card he/she must remain on the bench and his/her team will play with only (4) players for two minutes or until the opposing team scores a goal.
- **Fouls and Misconduct:**  
Once a team commits 5 fouls against another team in any given half, the opposing team will receive a penalty kick for each additional foul committed after. Foul count starts at zero in each half of play.

**Direct free kick awarded** when a player intentionally commits any of the following 11 offenses (penalty kick awarded when infringement takes place in penalty area):

- • **kicking or attempting to kick an opponent**
- • **tripping an opponent**
- • **jumping at an opponent**
- • **charging an opponent in a violent or dangerous manner**
- • **charging an opponent from behind**
- • **striking, attempting to strike, or spitting at an opponent**
- • **holding an opponent**
- • **pushing an opponent**
- • **charging an opponent with shoulder (i.e., shoulder charge)**
- • **sliding at an opponent (i.e., sliding tackle)**
- • **handling the ball (except goalkeeper)**

**Indirect free kick** awarded when any of the following 8 offenses is committed (kick taken from the 6-meter line when infringement takes place in penalty area):

- • **dangerous play (e.g. attempting to kick ball held by goalkeeper)**
- • **obstruction**
- • **charging the goalkeeper in the penalty area (i.e., goalkeeper charge)**
- • **goalkeeper picks up or touches with his hands a back pass**
- • **goalkeeper picks up or touches with his hands a kick-in from a teammate**
- • **goalkeeper controls the ball with any part of his body for more than 4 seconds**
- • **goalkeeper touches with any part of his body a back pass that has been played back to him before the ball has (1) crossed the halfway-line or (2) been touched by an opponent**

Players shall be cautioned (i.e., shown yellow card) when:

- • **a substituting player enters the pitch from an incorrect position or before the player he is substituting has entirely left the pitch**
- • **he persistently infringes the Laws of the Game**
- • **he shows dissent with any decision of the referee**
- • **he is guilty of ungentlemanly conduct**

These 4 yellow-card offenses are punishable by an **indirect free kick** taken from the point of infringement (or from the 6-meter line when the infringement takes place in penalty area).

Players shall be **sent off (i.e., shown the red card)** for:

- · **(a) serious foul play**
- · **(b) violent conduct**
- · **(c) foul or abusive language**
- · **(d) second instance of cautionable offense (i.e., second yellow card)**
- · **(e) intentionally impeding a clear goal opportunity (e.g. through a "professional foul")**
- · **(f) intentionally impeding a clear goal opportunity in the penalty area by handling the ball**

Direct free kicks (or penalty kicks) accompany the expulsion for (a), (b), (e) and (f); indirect free kicks, for (c) and (d) (from the 6-meter line when the infringement takes place in the penalty area).

- **Rules of Expulsion**

- · **The player sent off (shown a red card) is out for the rest of the game and is not even permitted to sit on the reserves' bench.**
- · **The team of the player sent off can substitute for that player after 2 minutes of playing time or after the opposing team scores -- which ever comes first.**
- · **The 2-minute punishment shall be checked by the timekeeper (or by the assistant referee, if there is no timekeeper).**
- · **The substitute cannot come on until the ball is out of play and he has a referee's consent.**

**ADVERSE WEATHER:** In the event of bad weather please contact the Athletic Supervisor for questions. Games will be made up as soon as possible, but not necessarily on a regular scheduled night.

**CONDUCT:** All that is dishonorable and unsportsmanlike is expressly condemned. The player, coach, or team may be penalized at the discretion of the Athletic Supervisor. Please report any poor conduct by players, coaches, or fans. There WILL be NO foul language. Foul language WILL result in a technical foul (refer to # 3). The team is responsible for their bench and fans. All conduct rules apply to fans and can result in a technical foul for the guilty team's bench.

**Additional Rules and Regulations:** Go to [www.futsal.com](http://www.futsal.com) and click on "Futsal: Laws of the Game" located on the left of the page. Or you can go to [http://www.futsalgc.com/html/rules\\_of\\_futsal.html](http://www.futsalgc.com/html/rules_of_futsal.html).