



Yoga Classes

Beginning January 2012

Classes will be held at the Mt. Juliet Community Center

Monday's & Wednesday's 6:30 PM–7:30 PM – Yoga for Fitness
\$6

Tuesday's & Thursday's 9:00 AM–10:00 AM – Mommy & Me Yoga
\$5

For more details please contact Lori Bentley

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Yoga With Lo